

Not Just A School, A University

Why A University??

Martial arts emphasizes a balance between mind and body. That balance is critical to every aspect of our learning here. While you will learn some very effective self-defense techniques, we balance that with a strong sense of personal safety and self confidence. The Martial Arts University is a university for accelerated studies in martial arts. Our curriculum is modeled after Ivy

safety and physical fitness, while developing the leadership skills needed by our youth in the 21st century and Just for Kicks sets a standard of excellence that everyone recognizes. Our goals are to To create

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J o h n
H e n r y
V e n s o n
(deceased)
f o u n d e r



Just For Kicks Martial Arts late 1960's

Kyoshi John Venson-CEO of Just For Kicks Martial Arts University LLC, Chief instructor of the chain of Just for Kicks traditional Okinawan Martial Arts schools which teach the classical principles of the Shuri-Ryu Martial Arts System. Internationally Certified 8th Degree Black Belt with over 30 years of instruction and tournament experience. Regional Director of the PKC (Professional Karate Commission) 1999 - Present .



Former Just For Kicks' window sign in Dalton

a positive learning environment that allows for fun and exciting activity.

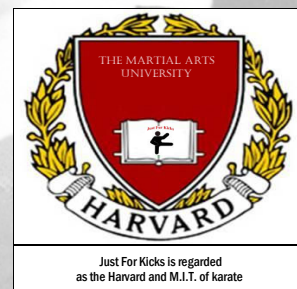
To instill a broad knowledge base of the martial arts and its' history for a greater level of understanding about the tradition and techniques.

To challenge each person as an individual and to maximize their potential.

To ensure all students are aware of the true purpose of the martial arts, and how a person should carry his/herself. **The Execu-**



League university studies designed to develop students both mentally and physically. Our lineage is derived from the Shuri-Ryu sytem in Okinawa. In this program we will address discipline, personal



Just For Kicks is regarded as the Harvard and M.I.T. of karate

A JUST FOR KICKS PUBLICATION

The Straight Punch

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Did You Notice?

Our border is depicted in lavender and gray which represents the colors of the Sat Suma Samurai Clan

Working Your Way Up In Rank

One of the most commonly asked questions is "how long does it take to get a black belt?" there is no universal answer for this question. Different schools study different systems and set standards and expectations of their own. However, how quickly a student can learn and apply what they are taught determines how it impacts their timeframe needed to achieve a black belt. But with a competent instructor and hard work it is certain that one would be able to make it all the way. Just for kicks may not hold the record for the most students rapidly promoted to black belt, but we certainly set the standards for other black belts to follow. Most

important to remember, that you must realize that the study of the art itself, is key to a successful journey to black belt. After a tour among the ranks of brown belt (which is a fraternity in itself) there is no doubt that with dedication and diligence one will eventually obtain their black belt. Keep in mind, that no matter how long or how hard you train, there is a lifetime of study still ahead of you. At The Martial Arts University our advancement rank levels represent the growth and development of our students, not just based on physical notability but the mental and social barriers that have been overcome to be recognized and be recommended for advancement to



the next rank. Though the journey to black belt at Just For Kicks is a seemingly long and difficult one, many who are on that journey to make it to shodan the (first principle level) of study will attest to the benefits and status of obtaining that level of study will bring. And those who have crossed that threshold will confirm that making black belt isn't their end but it's where their true learning begins.



2009 advancement to shodan: Josh Rankin, Jabare Blakely, Mr. Art Brown & Mr. Dwayne Cook

Not Just A School, A University Cont'd

Reginald L.Venson-Owner operator of Just for kicks martial arts dojo Chicago, Illinois Internationally Certified 5th Degree Black Belt, USKA Hall of Fame 2000, USKA All America Fighting team 2000, Member PKC International Fighting team, 2004 Awarded the James A. Jones Elite Martial Artist, Rated #1 Overall competitor PKC Tri-State region 1997-present, recipient of the PKC Most Outstanding Black Belt

Dwight Venson-Owner Operator Just For Kicks Martial Arts is the younger of the Venson brothers, and one of the top first tier martial artists in the nation. He was promoted to 3rd Degree black belt by the Inner Council of Shuri-Ryu in March of 2005. Deshi Venson is a standard bearer for Shuri-Ryu and has compiled an impressive list of accomplishments to

compliment his rapid rank advancement.



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THE OFFICIAL COMPUTER OF JUST FOR KICKS



THE JUST FOR KICKS TEAM HAS BEEN FLYING HIGH FOR GENERATIONS

